



---

## Launch of first WHO report on the evidence-base for arts and health interventions

Helsinki Music Centre  
Terrace Foyer  
Mannerheimintie 13A  
Helsinki, Finland  
Monday, 11 November 2019

Issue Date: 06 November 2019

### Provisional programme

- 08:30 – 09:00 *Registration & coffee*
- 09:00 – 09:20 **Opening**
- Hanna Kosonen, Minister of Science and Culture, Finland
- Piroska Östlin, WHO Regional Director for Europe ad interim (via pre-recorded message)
- 09:20 – 9:50 **The role of the arts in improving health and well-being in the WHO European Region**
- Introduction*  
Nils Fietje, Research Officer, WHO Regional Office for Europe
- Presentation*  
Daisy Fancourt, author of the report and Associate Professor of Psychobiology & Epidemiology, Department of Behavioural Science & Health, University College London, United Kingdom
- 09:50 – 10:00 *Artistic intervention*
- Katja Thomson, Doctoral researcher and teacher, Sibelius Academy, University of the Arts Helsinki, Finland

- 10:00 – 10:20      **The relevance of the WHO arts and health report and the key policy considerations within the Finnish context**
- Moderator*  
Rosa Meriläinen, Secretary General, Central Organization for Finnish Culture and Arts Associations, Finland
- Discussants*  
Riitta Kaivosoja, Director General, Department for Art and Cultural Policy, Ministry of Education and Culture, Finland
- Taru Koivisto, Director, Department for Wellbeing and Services, Ministry of Social Affairs and Health, Finland
- 10:20-10:30      ***Participant perspective on the impact of social prescribing***
- Debs Teale, Expert by experience and Peer Project Support Officer, Creative Minds, United Kingdom
- 10:30 – 11:45      **Round table discussion on the policy implications of the WHO arts and health report**
- Moderator*  
Nils Fietje, Research Officer, WHO Regional Office for Europe
- Participants*  
Daisy Fancourt, Associate Professor of Psychobiology & Epidemiology, Department of Behavioural Science & Health, University College London, United Kingdom
- Taru Koivisto, Director, Department of Wellbeing and Services, Ministry of Social Affairs and Health, Finland
- Annika Söderlund, Senior Advisor, Department for Culture & Resources, Nordic Council of Ministers
- Anna Starbrink, County Council Healthcare Commissioner, Culture and Innovation, Stockholm County Council, Sweden
- 11:45 – 12:00      **Closing remarks**
- 12:00-13:00      ***Buffet lunch***